

# Mindful Continuing Education

## Clinical Supervision for Substance Abuse Treatment Professionals

### 1. Administrative supervision includes

- A. management of productivity and compliance
  - B. supporting learning objectives
  - C. developing supervisees understanding of ethical standards
  - D. focus on supervisees morale
- 

### 2. Goals of clinical supervision include all but

- A. protect the welfare of the client
  - B. act as a gatekeeper for the profession
  - C. promote the supervisees growth
  - D. assessing organizational structure
- 

### 3. In this model of supervision, the goal is to help supervisee progress to the next level by accurately identifying their current level and intervening appropriately

- A. Psychotherapy-based model
  - B. Integrative model
  - C. Developmental Model
  - D. Competence-based model
- 

### 4. In this model of supervision, that which is useful in bringing about change with clients is likely to be useful in bringing about change with supervisees

- A. Psychotherapy-based model
  - B. Integrative model
  - C. Developmental Model
  - D. Competence-based model
- 

### 5. These items should be included in a supervisory contract except

- A. Goals of Supervision
  - B. Evaluation procedure
  - C. Methods of supervision
  - D. Days off for holidays
-

**6. Giving your supervisee your personal cell phone number could be seen as**

- A. Boundary Crossing
  - B. Boundary Violation
  - C. Multiple Relationships
  - D. Integrative Supervision
- 

**7. While each professional associations all have slightly different guidelines for clinical supervision, the one they all agree on is:**

- A. sexual relationships with supervisees is prohibited
  - B. dual relationships are always boundary violations
  - C. supervisors are responsible for every decision supervisee makes
  - D. supervision should be scheduled once a week
- 

**8. Clinical supervisors ensure behavioral health professionals are**

- A. licensed in their state
  - B. operating within the standards of practice
  - C. recognizing the signs of burnout
  - D. completing educational programming
- 

**9. The most important responsibility of a clinical supervisor is to**

- A. empower the supervisees decision making
  - B. monitor the supervisees development
  - C. protect the welfare of the client
  - D. promote the supervisees growth
- 

**10. Supervision must be**

- A. in person
  - B. documented
  - C. diverse
  - D. structured
- 

**11. Supervisory contracts should include**

- A. mutually agreed upon goals
  - B. community needs
  - C. agency needs
  - D. state regulations
-

**12. At times supervisors may need to recommend**

- A. breaking up with partners
  - B. vacations
  - C. going out for a beer
  - D. dismissal from programs or termination of employment
- 

**13. Steps towards developing your own model of supervision include**

- A. selecting a theory that comes closest to your beliefs
  - B. asking your supervisee what they need
  - C. asking your supervisor what you should adopt
  - D. following what agency dictates
- 

**14. Supervisors are responsible for addressing cultural considerations because**

- A. it's important
  - B. supervisees may be reluctant to do so
  - C. the United States is a diverse country
  - D. the agency lacks cultural competence
- 

**15. Bartering and accepting gifts from a supervisee is**

- A. illegal
  - B. unethical
  - C. negligent
  - D. malpractice
- 

**16. Vicarious liability is**

- A. assigning a supervisee a duty they are not competent in
  - B. when a supervisor violates an administration regulation
  - C. the supervisor is held responsible for the actions of their supervisee even if there is no direct negligence on the supervisors part
  - D. failure to provide an established standard of care
- 

**17. The supervision contract serves**

- A. as the foundation of the supervisory relationship
  - B. as a protection against burnout
  - C. as a protection against liability lawsuits
  - D. as an ethical standards documentation
-

**18. The state of mental and physical exhaustion caused by one's professional life is**

- A. secondary traumatic stress
  - B. burnout
  - C. post traumatic stress disorder
  - D. acute stress disorder
- 

**19. Supervisors are expected to be knowledgeable of their associations code of ethics and**

- A. their state regulations
  - B. their supervisees course schedule
  - C. integrative development model of supervision
  - D. best practices for accepting gifts
- 

**20. Supervisees (and supervisors) should monitor themselves for physical, emotional, or psychological \_\_\_\_\_**

- A. burnout
  - B. abuse
  - C. disclosure
  - D. impairment
- 

Copyright © 2025 Mindful Continuing Education

Visit us at <https://www.mindfulceus.com>