

Mindful Continuing Education

Ethics for Marriage and Family Therapists

1. Ethical standards cover the following except:

- A. Responsibilities to clients
 - B. Confidentiality
 - C. Professional Integrity
 - D. Cultural competency
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2. _____ are unethical, exploitive and harmful to the client.

- A. Boundary Crossings
 - B. Boundary Violations
 - C. Social Justice Infractions
 - D. Conflicts of Interest
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3. Maintaining professional boundaries is the responsibility of:

- A. The Client
 - B. The MFT
 - C. All parties involved
 - D. The Agency Administration
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4. Marriage and Family Therapists should

- A. Follow their clients on social media to hold them accountable.
 - B. Have therapeutic conversations through social media private message.
 - C. Be aware that personal affiliations may increase the likelihood that clients may discover the MFT's presence online.
 - D. Assist clients with job search through LinkedIn promotion.
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5. The following are all examples of dual relationships EXCEPT:

- A. Social Dual Relationship
 - B. Professional Dual Relationship
 - C. Institutional Dual Relationship
 - D. Cultural Dual Relationship
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6. Part of informed consent involves assessing clients

- A. Capacity to give consent
 - B. ability to pay for treatment
 - C. capability to commit to therapy
 - D. risk of harm to self or others.
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7. Risks of texting with a client may include:

- A. Client Empowerment
 - B. Threats to privacy and confidentiality
 - C. Improved accessibility
 - D. Strengthening therapeutic alliance
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8. If a client threatens to kill someone, a marriage and family therapist is no longer bound to confidentiality because

- A. Threats are criminal and should be reported to the police
 - B. The client is in need of documentation to be admitted to hospital.
 - C. Disclosure is necessary to prevent serious, foreseeable, and imminent harm to another
 - D. The informed consent for said so.
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9. Marriage and Family Therapists should provide services

- A. To anyone who asks for them
 - B. To anyone who can pay for them
 - C. Only within the competencies of their education and training
 - D. To clients who are assigned to them by their supervisor.
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10. You see another MFT at your agency of employment acting unethically you need to intervene because you have a responsibility

- A. To clients
 - B. To AAMFT
 - C. To practice setting
 - D. To broader community
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11. Diversity includes all the below EXCEPT

- A. Race & Ethnicity
 - B. Sexual Orientation & Gender Identity
 - C. Religious & Spiritual Beliefs
 - D. Self Reflection & Cultural Humility
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12. Which of the following situations is not an example of a boundary violation?

- A. Jenny is especially fond of her client and her progress so gifts her with crystal glassware for her engagement
 - B. Paul shakes hands and briefly converses with his client after he introduces his wife to Paul at the grocery store
 - C. Caitlin is hesitant to refer her client to another case manager because “I don’t think someone else will get him as I do.”
 - D. Rose accepts an expensive food basket from her grateful client because she is afraid the client will not understand and stop coming to appointments
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13. Finish the sentence. Ethical standards...

- A. Cannot guarantee ethical behavior
 - B. Can improve mft competence
 - C. Can improve documentation
 - D. Should not impact social media usage
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14. While some dual relationships are unavoidable, the code of ethics is clear this one is avoidable and unethical

- A. Business Dual Relationship
 - B. Social Dual Relationship
 - C. Internet Dual Relationship
 - D. Sexual Relationship
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15. Being able to give informed consent includes all except

- A. has the capacity to consent
 - B. has been adequately informed of potential risks and benefits of treatments
 - C. has paid their insurance copay
 - D. has freely and without undue influence expressed consent
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16. AAMFT core competencies of professionalism include all except

- A. Keeping social media settings private
 - B. Utilize consultation and supervision effectively.
 - C. Write plans and complete other case documentation
 - D. Monitor personal reactions to clients and treatment process
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17. Telehealth consent forms should address the following risks except

- A. the risk of being overheard if location is not private
 - B. the risk of miscommunication between therapist and client
 - C. the risk of technical failures interrupting session
 - D. the risk of becoming friends with therapist
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18. To be able to initiate an ethical complaint with AAMFT one must

- A. have a AAMFT membership
 - B. have personal knowledge of the alleged behavior
 - C. have investigated against another MFT
 - D. know the chair of the ethics committee
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19. AAMFT created competencies to:

- A. confuse and overwhelm MFT's
 - B. create a checklist for treatment planning
 - C. improving the quality of mental health services
 - D. create a checklist for college & university programs
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20. Regarding financial arrangements MFT's should disclose all except

- A. fee for cancelation
 - B. the use of collection agencies
 - C. when/how copays are collected
 - D. that they withhold records until payment is made
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